

Seven-Star Praying Mantis Kung Fu

By Leung Ting

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SIFU JON FUNK has over 35 years experience in the martial arts. He learned Seven Star Praying Mantis from Master Al Cheng. Sifu Funk is a direct 8th generation

May 16, 2013 There are many legends surrounding the creation of Northern Praying Mantis Kung Fu. The most notable legend attributes the creation of Mantis fist to the

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was born in Hong Kong in 1947 and came from a martial arts Leung Ting he provided information for the book Seven Star Praying Mantis Kung Fu

important of the Wing Tsun kung fu exercise. The author, Dr Leung Ting, SEVEN-STAR PRAYING MANTIS KUNG FU. styles of the northern mantis kung fu are

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Greetings from a Sifu of Seven Star Mantis; See Lee Kam Wing's book "Seven Star Praying Mantis Kung Fu" written by Leung Ting for examples of mantis techniques

Lee was the son of Cantonese opera star Lee Hoi-Chuen. and Ting gave him an p e fencing, Judo, Praying Mantis kung fu, Hsing-I, and Jujitsu. When Bruce

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SEVEN-STAR PRAYING MANTIS KUNG FU variations and developments of many branch styles of the northern mantis kung fu are featured in this book. Leung Ting Price:

Leung Ting is the author of Wing Tsun Kuen (4.28 avg rating, 18 ratings, 1 review, published 1978), Seven Star Praying Mantis Kung Fu (3.43 avg rating, 7

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Seven Star Praying Mantis Boxing one of the six kung fu students is an actual praying mantis who uses Northern Praying Mantis kung fu. Television